SAILor's SCOOP

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VIRTUAL REALITE-DAYS Recap

Thank you all for joining us last weekend! E-Days definitely looked different this year but we are so glad you were able to help us celebrate and keep this Mines tradition alive!

Hundreds of you tuned in and participated from around the world, and for a weekend, MAC was able to reunite us on campus (okay, it was the Minecraft version, but still) to celebrate being Orediggers.

Whether you participated in any of the competitions like the scavenger hunt or quarantine cribs, tuned in to Bryce Vine's MAC Instagram takeover or watched any of the performers, there was something for everyone. From all of us, THANK YOU to MAC and all of you for all your hard work and your dedication to Mines. It wouldn't be the same without you.

Sign up for Celebration of Mines

It's time to start preparing for fall already! Join SAIL as we host Celebration of Mines on Friday, August 28th from 4-7pm. Register today to show off what your club or organization is all about while recruiting new members and discovering new clubs for yourself!

Click here to register!

WHO IS BSO

Mines has 8 Student Governing Bodies that fulfill different needs on campus. BSO (Board of Student Organizations) is the governing body entrusted with managing most of the student organizations at Mines.

BSO allocates money to student organizations for campus programming, upholds Mines' values, promotes inclusion and engagement, and enforces compliance.

The BSO board is composed of 6 students: Allyson Cameron, Emma De Angeles, Kelsey Ferro, Carter Fowler, Nicole Masters, and Caleb Workman.

For more information, visit orgs.mines.edu/bso

4 TIPS TO STAYING WELL

1. Get plenty of sleep! Getting 7 hours of sleep a night improves memory and focus, lowers stress levels, and improves your immune system.

2. Move! Take a walk; dance around the house; join an online fitness video! Just 20 minutes of movement a day can help with stress, energy, and improved sleep.

3. Limit drinking, vaping, and cannabis use. Excess consumption can lead to immune deficiency, impact memory retention, and cause anxiety.

4. Stay connected! There are so many great ways to remain connected to your clubs and orgs, your classmates, and your friends. Virtual SAIL and MAC activities, scheduling regular video chats, interacting in Group messages, or online party games are all great ways to prevent social isolation.

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MEET THE STAFF

Alexis Lakers
Fraternity & Sorority Life Coordinator

It is hard to believe that a month has already gone by since Mines switched to online learning, but as I think about how quickly this month has gone by (we can all agree time doesn't really exist right now) I have hopes that the rest of our time apart will go just as quickly.

There have been a few activities that have been able to help me get through quarantine and my favorite one so far has been all of the virtual concerts I have been able to watch! My personal preference is electronic music and getting to see all of my favorite DJ's perform amazing sets makes me feel like I am right there with them. I highly recommend checking out Insomniac on Youtube for their weekly Virtual Rave-a-Thon's! If EDM is not your preference, follow your favorite artists on social media and keep an eye out for announcements of virtual performances.

Whichever activity you prefer to spend time on, I hope it brings you a lot of joy during this wild time. Stay safe Orediggers and we will see each other soon!

TIPS FOR EFFECTIVE TRANSITION

Welcome to all of those who will be serving as student leaders for clubs and organizations in the upcoming months, and thank you to all of those who served this academic year.

As part of your transition, remember to COMMUNICATE with the outgoing leadership and get a complete, detailed view of all the duties integral to your new role.

PARTICIPATE in as many of the end of year tasks as possible, and get involved in the allocations process. Shadow your previous leadership to gain experience into the process.

INTRODUCE yourself to your club’s advisor, make sure you know how to reach each other and get clear expectations for your role. Let your advisor know how they can support you for the upcoming year.

UPDATE your information into Engage and manage your club’s roster. It’s helpful to make sure your members are up to date.

New presidents should TAKE CHARGE of the club’s inventory, conduct an inventory check and secure all items that belong to the club.

SIGN UP for Celebration of Mines, it is the best opportunity for your organization to showcase what you do and recruit new members.

Leadership Workshop: Gender Equity

Join Annette Pilkington, Director of WISEM at 1pm on April 23rd in this introduction on gender and leadership. This workshop will aim to build participants’ skills for functioning effectively in a diverse workplace. Join via your personal computer.

Register HERE.

ALLOCATIONS TIMELINE

USG Allocations
April 25th - all governing bodies to discuss allocations for the 2020-21 academic year.

BSO Allocations
April 26th - allocations to BSO clubs.

BSO Allocations Notifications to Clubs

If you are a treasurer for a student organization under BSO, be on the lookout for an email with your clubs’ final allocation after April 27th.

Money will transferred by the beginning of the Fall semester.